

Source Materials for the Twelve Senses from Rudolf Steiner

1. Study of Man, Lecture 1 & 8, Rudolf Steiner, Rudolf Steiner Press
<https://wn.rsarchive.org/Education/GA293/English/RSP1966/19190829a01.html>
2. The Twelve Human Senses, Lecture Three, Berlin, 20 June 1916 (GA 169)
From *Toward Imagination: Culture and the Individual* by Rudolf Steiner, translated by Sabine H. Seiler, Anthroposophic Press, Hudson NY, 1990
<https://wn.rsarchive.org/GA/GA0169/19160620p01.html>
3. The Riddle of Humanity, Lecture 7, Rudolf Steiner, Dornach 12 August 1916
<https://wn.rsarchive.org/Lectures/GA170/English/RSP1990/19160812p01.html>
4. Man as a Being of Sense and Perception, Rudolf Steiner, Dornach 22, 23, 24 July 1921
https://wn.rsarchive.org/Lectures/GA206/English/APC1958/ManBei_index.html
5. Man's Twelve Senses in Their relation to Imagination, Inspiration, Intuition, Rudolf Steiner, Dornach 8 August 1920
<https://wn.rsarchive.org/Lectures/GA199/English/AP1986/19200808p01.html>
6. Eurythmy as Visible Speech, Rudolf Steiner, in particular Lecture 10, Gestures Arising Out of the Nature of Man and Lecture 11, Living into Gesture and Form (pp. 111-129).
7. *Theosophy*, Rudolf Steiner, Chapter 1. Anthroposophic Press
https://wn.rsarchive.org/Books/GA009/English/AP1971/GA009_c01.html
8. "Spiritual Science as a Foundation for Social Forms," Lecture III Dornach, 8 August 1920
<https://wn.rsarchive.org/SocialIssues/GA199/English/AP1986/19200808p01.html>
9. The theme of the senses: 10 senses
The Wisdom of Man, of the Soul and of the Spirit. Anthroposophic Press
Berlin, 27 October 1909 – 23 October 1919
https://wn.rsarchive.org/Lectures/GA115/English/AP1971/WisMan_index.html
10. How the ego lives in the world through the 12 Senses
Toward Imagination - Anthroposophic Press - The Individual Senses
3rd lecture, Berlin, 20 June 1916
https://wn.rsarchive.org/Lectures/GA169/English/AP1990/TowIma_index.html
11. The Zodiac and the Realms of the 12 World Views
Human and Cosmic Thought - Rudolf Steiner Press
3rd Lecture, Berlin, 22 January 1914
<https://wn.rsarchive.org/GA/GA0151/19140122p02.html>

12. The Child as a Sense Organ
Soul Economy and Waldorf Education - Anthroposophic Press
Dornach, 23 December 1921
https://www.rsarchive.org/Download/Soul_Economy-Rudolf_Steiner-303.pdf
13. The Soul Imitating Its Surroundings and the Will in Each Sense Organ
The Child's Changing Consciousness and Waldorf Education - Anthroposophic Press
Dornach, 15-22 April 1923
https://www.rsarchive.org/Download/Childs_Changing_Consciousness-Rudolf_Steiner-306.pdf
14. Imitating the Spiritual in the Physical
A Modern Art of Education - Rudolf Steiner Press
Ilkley, 5-17 August 1923
https://www.rsarchive.org/Download/Modern_Art_of_Education-Rudolf_Steiner-307.pdf
15. The Eye as an Example - Less of a Sense Organ from 3rd/4th year and the Sense Organ and Fantasy. *The Kingdom of Childhood* - Rudolf Steiner Press
Torquay, 12-29 August 1924
https://www.rsarchive.org/Download/Kingdom_of_Childhood-Rudolf_Steiner-311.pdf
16. Sense Development
Spiritual Ground of Education - Rudolf Steiner Press
Stuttgart, 8 August - 9 September 1919
https://www.rsarchive.org/Download/Spiritual_Ground_of_Education-Rudolf_Steiner-305.pdf
17. The Will Nature of the Senses
The Study of Man - Rudolf Steiner Press
Lecture 3, Stuttgart, 21 August – 5 September 1919
<https://www.rsarchive.org/Education/GA293/English/RSP1966/19190823a01.html>
18. The Individual Senses
Practical Advice to Teachers - Rudolf Steiner Press
Lecture 1 Stuttgart 21 August – 5 September 1919
https://www.rsarchive.org/Download/Practical_Advice_to_Teachers-Rudolf_Steiner-294p
19. All Inner Experience is similar to Sense Perception
The Essentials of Education - Rudolf Steiner Press
Lecture 1, Stuttgart 8-11 March 1924
https://www.rsarchive.org/Download/Essentials_of_Education-Rudolf_Steiner-308.pdf

Additional Anthroposophical and Other Sources

1. *A Living Physiology*, Karl Konig, Camphill Books (twelve senses and seven life processes), *see especially the lectures given in Spring Valley 23 July-7 August 1960, pages 103-64 and the essays on the four lower senses, pages 165-252.*
Note: These lectures and essays are footnoted throughout. Also, a comprehensive bibliography to Rudolf Steiner's work in English on the twelve senses is provided on pages 273-274.
2. *Our Twelve Senses*, Albert Soesman, MD, Hawthorne Press
3. *Care of the Senses*, Robert Sardello and Cheryl Sanders (article)
https://docs.google.com/document/d/1NPGDaCFkRbqtPtiFg8Ah4zlcFoNWdaLBoQ3sp_rO_fgw/edit
4. *Autism: A Holistic Approach*, Bob Woodward and Marga Hogenboom, MD, *see especially Chapters 8 and 9 and the Appendix*
5. *Working with Anxious, Nervous, and Depressed Children*, Henning Kohler, Association of Waldorf Schools of North America, 2001 *Note: In-depth presentation of the four lower senses.*
6. *Spirit-led Community: Healing the Impact of Technology*, Lisa Romero, SteinerBooks, 2018. *Note: Many interesting references to the senses.*
7. *Functional Morphology: The Dynamic Wholeness of the Human Organism*, Johannes W. Rohen, Adonis Press 2007. *Note: Comprehensive book on human physiology from an anthroposophic perspective – several sections are devoted to the nervous system.*
8. *Observing with Twelve Senses*, Tom van Gelder.
<http://tomvangelder.antrovista.com/pdf/observing.pdf>
9. Tom van Gelder's website, Senses section: <http://tomvangelder.antrovista.com/twaalf-zintuigen-26m40.html>
10. *Working with the 12 Senses* (article), Jeff Tunkey.
<http://www.movementforchildhood.com/uploads/2/1/6/7/21671438/12sensesmfc.pdf>

Other Sources:

1. *The Fabric of Autism*, Judith Bluestone, available through The HANDLE Institute website or Amazon. *Note: Highly recommended.*
1. *Nonviolent Communication: A Language of Life*, Marshall B. Rosenberg, PhD, Puddle Dancer Press, 2003. *Note: Highly recommended.*
2. *The Brain That Changes Itself*, Norman Doidge, MD, Penguin Books. *Note: References to the emergence of neuro-plastic research.*
3. *Proof of Heaven*, Eben Alexander, MD, Simon and Schuster, 2012. *Note: Critique of the foundations of modern neurology. Author is near-death survivor and a neurosurgeon.*
4. *The Reason I Jump*, Naoki Higashida, Random House, 2007. *Note: First-person experiences of young teenager with ASD.*
5. *Thinking in Pictures*, Temple Grandin, Vintage Books, 2006.
6. *The Way I See It*, Temple Grandin, Future Horizons, 2014.