

The School of Spiritual Science
in North America



The Path of the New Mysteries

We will offer a variety of opportunities to work artistically during our conference.

Participants are invited to engage in the ***social*** arts, ***visual*** arts and the ***time*** arts.

Social Arts

Daily on Monday – Friday 11:15am – 12:45pm
and Saturday from 9:00am -10:30am.

Our Social Being CoLabs organized by
John Bloom and Leah Walker

Please bring a journal or notepad and writing/drawing implements

These groups will be assigned on the first day.

[Click here](#) to read more about how we will meet.

Visual Arts Workshops

Daily on Monday – Friday 2:30p – 4:00pm

~ 4 Options, Choose one to stay with for the week. ~

The Practice of Meditation and its Relation to Artistic Expression

With Laura Summer

In this workshop we will use drawing exercises to help us “see” and “capture” what is happening inwardly when we work with the mantras of the 19 lessons of the first class. For the past 5 years Laura Summer has been working with groups of people using these drawing exercises and people report that this practice has opened a new way of experiencing the mantras.

Working with the Blackboard Drawings to the Lessons of the First Class

With Rudiger Janisch and Angela Foster

During many of the class lessons, Rudolf Steiner illustrated his thoughts by drawing on the blackboard. How can one deepen the experience of the Mantras by reproducing these drawings, both in our imagination and on paper? Can the drawings help unlock new ways into the Mantra?

Painting

With Bonnie Manaças

We will paint using the medium of watercolor and wax resist taking up the challenge of translating the spiritual content of the Lesson into the language of color and form.

Clay Sculpture Workshop: Metamorphosis in Form, Soul and Self

With Sarah Dunbar

Working with the polarities and metamorphosis of form and function in the human skeleton through sculpture in clay, we will artistically explore aspects of the transformation of soul and self along the path described by the 19 Lessons.

Time Arts Workshops

Daily Monday - Friday 4:30pm – 5:30 pm

~ 5 Options, Choose one to stay with for the week. ~

Enriching one's experience of the Mantra through Eurythmy *Dorothea Mier*

Working with elements in and from eurythmy can be of enormous help for cultivating a living relationship with the class Mantra. Join with Dorothea as she guides an exploration in movement into this living relationship.

Iambic, Trochaic and Spondaic Meter – an Exploration *Veronika Roemer*

Musical experiences can help us to deepen our inner understanding of the quality of each meter, and strengthen our awareness of how the meters help us enter into the mantras.

Working with the Spoken Word *Jennifer Kleinbach*

The mantras are given to us in language - - language that, through sounds, forms words, which mirror meaning. Through deepening our experience of language and speech, we may deepen our relationship to the mantras. “And we are dealing with realities when the sounds of speech in their mysterious running become for us Gods—Gods who form within us our speaking.” (Rudolf Steiner, Speech and Drama Course, Lecture 18, Sept. 22, 1924).

Eurythmy *Jutta Rohde-Röh*

The perception of phenomena of the inversion in space, can deepen our path along the 19 lessons. In this workshop we will work with the front, the back and also the inner-space. Our body becomes the basis of resonance for the experience of border and impulse towards development – widening – penetration and inversion. Beside other themes we will exercise this by the example of the TIAOAIT.

Speech Eurythmy *Beth Usher*

The workshop will begin to help us develop the moods of the five post-Atlantean cultural epochs. Simple basic elements of eurythmy will lead us to find through movement the unique challenges and needs of anthroposophical Spiritual Science.