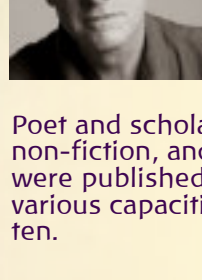


52 Colors of the Soul

Key Note Presentations

Pre-Conference Presentation

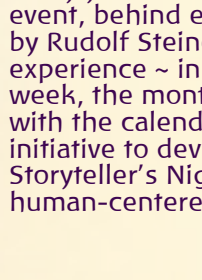


The Romantic Genius of the Calendar of the Soul

The verses comprising the Calendar of the Soul tap into the Romantic Imagination: ideas of Mind, Nature, and their creative interplay developed by Goethe, Wordsworth, Novalis and friends. Refreshing our memory of this background by way of literary and philosophical example—including the speaker's own "Romantic" poetry—can inspire a deeper connection with the abiding genius of the Calendar of the Soul.

Poet and scholar **Daniel Joseph Polikoff** is the author of nine books of poetry, translation, creative non-fiction, and history (two of which Apocalypse of the Modern Mind and Reset or Renaissance, were published by Steinerbooks in 2024 and 25). He has been involved with anthroposophy in various capacities for over thirty years, and has worked daily with the Soul Calendar for almost ten.

Opening Address

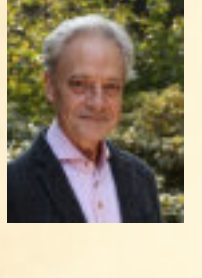


Inner Accompaniment of the World's Path ~ Poetry and the Stars in the Calendar of the Soul

Mary Stewart Adams, currently serving as General Secretary and President of the Anthroposophical Society in the US, has lived intensively with the cycle of the year since childhood, when she was gifted a perpetual calendar that listed what then seemed a miraculous account of historical dates, feast days, and name days. The joy of realizing that all of this was knowable was further amplified

many years later by joining these events with the stars, and the realization that behind every event, behind every moment, there is a star picture. Enter the Calendar of the Soul, a bridge built by Rudolf Steiner and artist Imma von Eckardstein, for living engagement with how the soul may experience ~ in rhythm, form, and color ~ life events as they unfold through the days of the week, the months of the year, with the stars of the zodiac overhead. This journeying together with the calendar and the stars has informed Mary's work as a star lore historian, in taking the initiative to develop an international dark sky park, and in hosting the weekly podcast The Storyteller's Night Sky. This work is the result of Mary's striving to create opportunities for a human-centered experience of starry worlds.

Thursday Morning

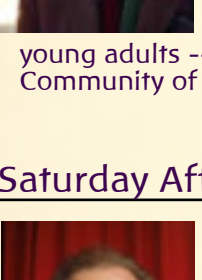


The Soul Calendar and the Cycle of the Year. We will explore the weaving of the seasons and festivals in relation to the soul of the human being and the earth.

Mac Mead mentors Threefold Community Farm staff and interns. Mac began farming in 1975, when he had the "privilege and good fortune" to learn biodynamic methods directly from former co-workers of biodynamic pioneer Ehrenfried Pfeiffer at the Fellowship Community. In 2006, Mac became the Program Director of the Pfeiffer Center and is the core instructor of our Biodynamic Course.

Thursday Afternoon

Eurythmy Demonstration



Alois Winter was born and raised in Basel Switzerland. He first trained as a speech artist before he became a eurythmist. Alois became a teacher in the eurythmy training with Lea van der Pals and worked in the stage ensemble with Christof Graf. Subsequently he moved to Berlin, Germany where he worked as a trainer in the Berlin Eurythmy School and finally became its leader in 1999.

Friday Morning

A School for Etheric Perception

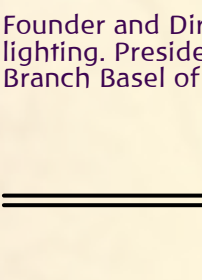


Saturday Morning

Polarity and Enhancement

Daniel Hafner offers a one-year full-time introduction to Anthroposophy for young adults -- see anthroposophieschule.org. In his spare time he works as a priest in the Community of Christians.

Saturday Afternoon



Light Eurythmy: "The Illumination Impulse for Eurythmy" by Rudolf Steiner

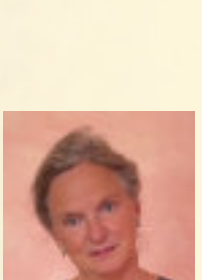
The art of light eurythmy follows the principles of eurythmy. The stage space is to be transformed by light in such a way that it becomes the best possible spatial-non-spatial envelope. Ideally, the stage space should appear as if it were an etheric space.

This lecture and demonstration provides a fundamental introduction to Rudolf Steiner's illumination impulse. Examples will illustrate how Rudolf Steiner approached lighting design and the principles he applied.

Thomas Sutter trained as an electronics technician before studying eurythmy in Dornach with Lea van der Pals. 1980–2000 Goetheanum Member of the Eurythmy Ensemble Head of Orchestra Scheduling, Head of Lighting, Member of Stage Management and Eurythmy Management, Research Associate of the Section for Speech and Music at the Goetheanum on the effects of etheric energy in the stage space using eurythmy, light, and plant dyes. From 2000 onwards: Founder and Director of the Light Eurythmy Ensemble.

Founder and Director of the company Light Eurythmy Stages. Lecturer and instructor for eurythmy lighting. President of Eurythmeum – CH (Eurythmy Training) Board Member of the Paracelsus Branch Basel of the Anthroposophical Society.

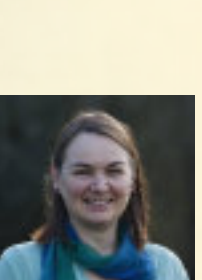
Professional Workshops



A Path Through Apollonian Principles to Spiritual Lyric

We will move apollonian forms to begin with, connecting with the structure of the verse. This is an indication of R.S. for S.C. done solo. We will move on into the group forms based on their different principles. Color in connection with the planets and the overall style of spiritual lyric will guide our work.

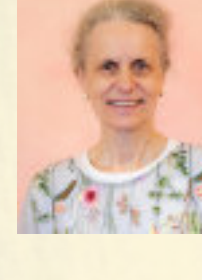
Christina Beck has had a distinguished 50-year career performing and teaching eurythmy throughout Europe and North America. She taught at the Washington Waldorf School in Maryland for 21 years and was a faculty member of the Eurythmy Spring Valley training for many years before retiring from the Emerson Waldorf School in Chapel Hill, North Carolina. Currently she gives master classes and courses for eurythmists, and the general public. Her approach is informed by her spirit of inquiry, her love of teaching and of the art of eurythmy.



Working with Color toward the Cosmic-Lyric Soul Calendar Verses

Cosmic color is our astral being and can be translated directly into gesture. This can be experienced as coming from inside outwards through the whole body and also making forms in space. After developing the colors's strengths flowing from within outward we can come to feel them instead streaming inwards, the surrounding veil sensing etheric color subtly around rather than within us. The inner 'space' is clarified into selfless white and available for a cosmic-lyric poem, The Verse. Some supportive texts will be made available.

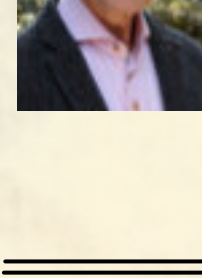
Annelies Davidson began performing and teaching in adult education in 1975 in London, England. From 1986 until 2002, she was a faculty member and stage artist at Eurythmy Spring Valley. Between 2002 and 2008, she worked as a freelance eurythmy teacher and director in different settings both in North America and abroad. In 2008, she returned to the faculty of Eurythmy Spring Valley. Since retiring to the Netherlands in 2019, she continues to return regularly to teach in Spring Valley.



"In the shrouding gloom of winter.... the warmth of heart..."

In this workshop we will work with the verse of week 42 in German. At this time of the year the world in the northern hemisphere can indeed be dark and gloomy. The earth is still dreaming of what is to come. But the time for the awakening of the earth is not far away. Candlemas is on the 2nd of February. In ourselves we dive deep into the mystery of the heart. Understanding of the true nature of things – this comes out of that realm of warm darkness where heart and soul feel each other...

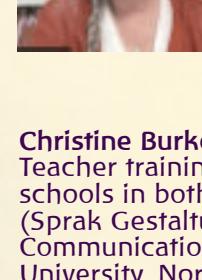
Jolanda Frischknecht graduated from the School of Lea van der Pals in Dornach, Switzerland in 1990. She has been teaching and performing ever since. She co-founded the Austin Eurythmy ensemble, who she toured with for over 10 years. She then finished her therapeutic eurythmy training and moved to Portland, Oregon where she is an active member of the Pacific Eurythmy artistic group, co-founded and teaches in the Pacific Eurythmy training initiative, works as a therapeutic eurythmist, and teaches in the Micha-el Institute teacher training.



Mostly Michaelmas and some touches of Easter

Working mainly with the form relationships, dynamic and sound qualities of the Michaelmas verse and touching on the different qualities of the opposite verse at Easter.

Barbara Schneider-Serio is the artistic director of Eurythmy Spring Valley. A 1983 graduate of Eurythmy Spring Valley, Barbara returned to ESV in 1988 to perform and teach. With the Ensemble she has developed over thirty programs, from tales for young children to elaborate evening programs, and performed throughout the US, Canada, Europe, Japan, Taiwan, and China. In 2005, Barbara took on the leadership of both the performing ensemble and the professional training.



Eurythmical Form Elements in the Calendar of the Soul

Alois will share his lifelong and deep research into the work on the eurythmy forms of the soul calendar with trained eurythmists. His class will be held in German and translated into English.

Alois Winter was born and raised in Basel Switzerland. He first trained as a speech artist before he became a eurythmist. Alois became a teacher in the eurythmy training with Lea van der Pals and worked in the stage ensemble with Christof Graf. Subsequently he moved to Berlin, Germany where he worked as a trainer in the Berlin Eurythmy School and finally became its leader in 1999.

Calendar of the Soul Enthusiast



The Soul in the World, the World in the Soul: Speaking the Calendar of the Soul

Christine will bring four verses from the Calendar of the Soul that can give us a sense of the seasons of our souls holistically in speech and understanding. We will work with the dynamics of the Word, speaking to experiencing the sounds, words and aspects of rhythm that speaking the verses brings into the room.

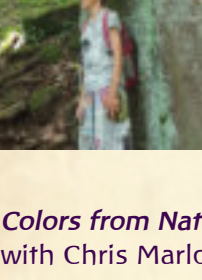
Movement = life. Moving our speech can lead us to a discovery of the life-forms that are active in speech. In this explorative workshop, Christine will guide us through exercises that help us free the word from our physical bodies; and by working with sounds and text, the creative forces are revealed.

Christine Burke earned a BA in Linguistics from UC Santa Barbara before completing a Waldorf Teacher training through Rudolf Steiner College (San Francisco). Christine taught in Waldorf schools in both California and Sweden before her further training in Formative Speech and Drama (Sprak Gestaltung) at Artemis School of Speech and Drama (England). She later earned an MA in Communication Studies with an emphasis in Performance Studies through California State University, Northridge, where she was able to bridge many of her studies and projects to anthroposophical initiatives and concepts. Currently, Christine teaches courses in Communication Studies at Ventura College and travels to conferences, Waldorf schools and teacher trainings throughout the world to teach speech and drama. Recently, Christine co-founded a training in Los Angeles to further the work of Emergency Pedagogy without Borders after studying and traveling to disaster areas and experiencing the relief the work provides for traumatized children and communities.



A Closer Look at the Verses: a conversation with keynote speaker Daniel Hafner

Daniel Hafner offers a one-year full-time introduction to Anthroposophy for young adults -- see anthroposophieschule.org. In his spare time he works as a priest in the Community of Christians.



The Soul Calendar and the Lemniscate

a conversation with keynote speaker Mac Mead and eurythmist Brigda Baldzsun.

A continuation of the morning keynote theme including moving and experiencing the lemniscate.

Mac Mead mentors Threefold Community Farm staff and interns. Mac began farming in 1975, when he had the "privilege and good fortune" to learn biodynamic methods directly from former co-workers of biodynamic pioneer Ehrenfried Pfeiffer at the Fellowship Community. In 2006, Mac became the Program Director of the Pfeiffer Center and is the core instructor of our Biodynamic Course.

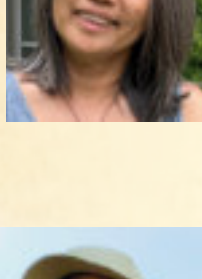


Brigida Baldzsun, an independent working eurythmist and therapist, was born and educated in Europe where she began her career. She has taught eurythmy in Waldorf schools in Europe, the US, South Africa, Russia, India and China. For 12 years she was a member of the ESV Performing Group. She currently lives in Spring Valley, NY and teaches on the East Coast where she also performs, both as a soloist and with the Mystery Dramas by Steiner.

Colors from Nature

with Chris Marlow and Miho Suzuki of the Fiber Craft Studio

In this workshop we will experience how to extract colors from nature (leaves, roots, flowers, insects) as well as how to prepare our fiber to accept the color. From 3 primary colors, red, yellow and blue, there will be possibilities to create many different hues on our silk fiber by allowing different times in the dye pot and by layering sequential dips. Participants will be able to dye many test pieces and then one long silk that can be a scarf or sewn to make a shrug.



The colors that arrive from nature have healing qualities in the process of extracting, dyeing and wearing. In the practice of natural dyeing, we learn to know the plants and their seasonal needs as well as their individual requirements for sharing their colors. We can develop a sensitivity for the qualities of the colors that result from our efforts, enhancing our appreciation of the colors that surround us. Material fee per person: \$15

Chris Marlow was a handwork teacher at Green Meadow Waldorf School for 15 years and at the West Side Community School, a charter school in New York City, for two years. Chris was Co-Director of the Fiber Craft Studio from 2012 until 2021. She was program director for the Applied Arts Program, a professional development for handwork teachers, in the 5th, 7th, 8th, 10th and 12th cycles. She serves on the advisory circle of the Fiber Craft Studio.



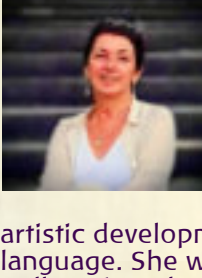
Miho Suzuki is a former Co-Director of the Fiber Craft Studio, lead faculty for the 7th year of "Art of Clothing" one-year course, and faculty in the Applied Arts Program. A graduate of the 9th cycle of the Applied Arts Program, a professional development for handwork teachers, in the 5th, 7th, 8th, 10th and 12th cycles. She serves on the advisory circle of the Fiber Craft Studio.



Eurythmy with Jan Ranck

This workshop for both professional eurythmists and lay enthusiasts draws on the unique insights of Lea van der Pals into the ways in which color, syntax and meaning shape the movements, forms and dynamic counterpoint of select verses from Rudolf Steiner's Calendar of the Soul.

Jan Ranck completed an Honors Degree in Music and Comparative Literature at Indiana University, Bloomington, USA, studied flute at the Royal Conservatory in The Hague, Holland, trained in eurythmy at the Eurythmeum of Lea van der Pals in Dornach, Switzerland and in eurythmy therapy in Stuttgart, Germany. After serving on the faculty of eurythmy trainings in Dornach and London, she founded the Jerusalem Eurythmy Ensemble and the Jerusalem Academy of Eurythmy and joined the faculty of the Waldorf Bachelor Program in David Yellin Academic College of Education in Jerusalem. Currently she performs and teaches master classes worldwide.



Color Explorations Visual Arts Workshop

During this conference, we will be immersed in glorious color. In our workshop, we will through drawing and painting experience some of the unique forms that Rudolf Steiner created.

Bonnie Manacas has a Masters of Fine Arts degree and 30 years experience as a Waldorf class teacher. She has studied painting with Donald Hall of the Assenza school and with Laura Summer. She has had several exhibitions of her paintings in the Threefold community. Bonnie is also a singer and guitar player who performs frequently in and around the community. She has performed her own translation of the Dream Song Of Olaf Afseton during the holy nights for many years.



Foundational work with color and form in the Soul Calendar with emphasis on the 19th week,

We will work on the eurythmy forms as a social experience in space. How can we deepen the inner mood through the movement of color in eurythmy?

Marjorie Taliano has been practicing and teaching eurythmy for many years in different countries and cultures.

After her training at the London School of Eurythmy (UK), she continued her artistic development at the Goetheanum in Dornach, Switzerland, including in the French language. She was part of the Stage Ensemble. She also obtained a BFA from Rudolf Steiner College in Oslo, Norway. In addition, she holds an MFA in Performing Arts Orientation from Alanus Hochschule für Kunst und Gesellschaft in Germany. Alongside these studies, she developed her experience in stage eurythmy and participated in several tours in Europe, the United States, Canada, and China. Since 1992, she has taught eurythmy in various professional training programs as well as in Steiner Waldorf schools, in Sweden, Norway, and now in Quebec.